



#### **Work Schedule**

**Training programme:** Foundation Training Programme

**Specialty placement:** General Psychiatry – Juniper Centre

Grade: Foundation Year 2

**Length of placement:** 4 months rotations in psychiatry

#### **Employing organisation:**

**Host organisation (if different from the above):** Birmingham and Solihull Mental Health NHS Foundation Trust

Site(s): Queen Elizabeth

**Educational supervisor: (for lead trust to state)** 

**Clinical lead/rota co-ordinator:** Dr Imran Waheed, Deputy Medical Director-imran.waheed@nhs.net

Guardian of safe working: Dr Hari Shanmugaratnam - h.shanmugaratnam1@nhs.net

#### Contact details:

**Rotas and contract/pay elements (medical workforce):** Leonora Johnson, medical resourcing manager <a href="mailto:Leonora.johnson1@nhs.net">Leonora.johnson1@nhs.net</a>

**Education and training elements (PGME department):** Deborah Davis, postgraduate medical education manager deborahdavis1@nhs.net

Trainee works: Full Time (40 hrs)

Trainee receives Flexible Pay Premia: N/A

### Working pattern / Rota Template / Average weekly hours / Annual pay for role\* attached to email

Should your placement be for less the 12 months, your pay will be pro-rated to the length of your placement

Please note- if you are entitled to pay protection in line with Schedule 2 of the TCS or to transitional pay protection in line with Schedule 14 of the TCS, then your actual salary may be greater than the above figure. Where this is the case, your salary will contain one or more additional pay protection elements so as to maintain your salary at its protected level. Should your placement be for less than 12 months, your pay will be pro-rated to the length of your placement.

Is the trainee covered by the pay protection: choose

#### **Training Opportunities:**

Insert the curriculum mapped outcomes that can be achieved whilst in this placement, together with the formal and informal learning opportunities available to the post-holder.

#### **Intended Learning Outcome for Foundation Year 2**

### 1. Acts Professionally

#### **Professional behaviour**

- Acts in accordance with General Medical Council (GMC) guidal all interactions with patients, relatives/carers and colleagues
- Acts as a role model for medical students, other doctors and healthcare workers
- Acts as a responsible employee and complies with local and national requirements e.g.
  - Completing mandatory training
  - Ensuring immunisation against communicable diseases
  - o Engaging in appraisal and assessment
  - Taking responsibility for ensuring appropriate cover du leave
  - o Adhering to local sickness and return to work policies

#### **Personal organisation**

 Supervises, supports and organises other team members to ensure appropriate prioritisation, timely delivery of care and completion of work

#### **Personal responsibility**

- Takes personal responsibility for clinical decisions and is able justify actions
- Takes personal responsibility for revalidation
- Accepts responsibility for any personal errors and takes suital action including: seeking senior advice, apologising, making appropriate records and notifications

# 2. Delivers patient centered care and maintains trust

#### **Patient Centered Care**

- Works with patients and colleagues to develop individual care plans
- Respects patients' right to refuse treatment and/or to decline involvement in research projects

#### Trust

- Discusses management options with patients and responds to ideas, concerns and expectations
- Encourages patients to make informed decisions, recognises patients' expertise and helps them to acquire knowledge of th condition

#### Consent

- Obtains consent for an increasing range of procedures
- Obtains valid consent by giving each patient the information t 'want' or 'need'\* in a way they can understand \* Including 'material risks' and reasonable alternative or variant treatment
- Recognises when consent or refusal is invalid due to lack of capacity and applies principles of 'best interests' and 'least restriction'
- Demonstrates understanding of the principle of involving the in the decision making process when they are able to underst and consider the options

# 3. Behaves in accordance with ethical and legal requirements

#### **Ethical and legal requirements**

- Practises in accordance with guidance from the GMC, relevant legislation and national and local guidelines
- Demonstrates understanding of the risks of legal and disciplin action if a doctor fails to achieve the necessary standards of practice and care

#### Confidentiality

	Describes and applies the principles of confidentiality in			
	accordance with GMC guidance			
	<ul> <li>Ensures the patient's rights of confidentiality when clinical details</li> </ul>	;		
	are discussed, recorded in notes or stored electronically			
	Complies with information governance standards regarding			
	confidential personal information			
	<ul> <li>Follows GMC guidance on the use of social media</li> <li>Describes when confidential information may be shared with</li> </ul>			
	appropriate third parties e.g. police and DVLA			
	Statutory documentation			
	Completes statutory documentation correctly e.g.			
	Death certificates			
	Statement for fitness to work			
	Cremation forms			
	Mental capacity			
	Performs mental state examination and assessment of cognition			
	and capacity			
	<ul> <li>Uses and documents the 'best interests checklist' when an individual lacks capacity for a specific decision</li> </ul>			
	Demonstrates awareness of the principles of capacity and			
	incapacity as set out in the Mental Capacity Act 2005 (or Adults			
	with Incapacity (Scotland) Act 2000)			
	<ul> <li>Demonstrates understanding that there are situations when it is</li> </ul>			
	appropriate for others to make decisions on behalf of patients (e.	g.		
	lasting power of attorney, and guardianship)			
	Demonstrates understanding that treatment may be provided			
	against a patient's expressed wishes in certain defined			
	circumstances Protection of vulnerable groups			
	Demonstrates understanding of the principles of safeguarding			
	children and vulnerable adults			
4. Keeps	Self-directed learning			
practise up to	Acts to keep abreast of educational / training requirements			
date through	Maintains a contemporaneous e-portfolio which meets training			
learning and	programme requirements			
teaching	Demonstrates change and improvement in practice as a result of      Demonstrates change and improvement in practice as a result of			
	reflection on personal experience, multi-source feedback (MSF) and feedback from supervised learning events (SLEs).			
	Identifies and addresses personal learning needs			
	Teaching and assessment			
	Demonstrates improvement in teaching skills as a result of			
	seeking, accepting and reflecting on feedback from learners and			
	supervisors			
	Assesses medical students and other healthcare professionals and	d		
E	<ul> <li>provides constructive feedback</li> <li>Discusses how to achieve career ambitions with educational</li> </ul>			
5. Demonstrates	Discusses how to achieve career ambitions with educational supervisor			
engagement	Maintains an e-portfolio record of evidence demonstrating realisti	ic		
in career	career goals based on	-		
planning	<ul> <li>Career guidance, self-awareness, information gathering, selection</li> </ul>	า		
	processes and discussion with colleagues			
	Maintains an e-portfolio record of activities demonstrating	_		
	exploration of possible specialty career options e.g. completion of	t		
6	taster period and reflection on the experience			
6. Communicates	Communication with patients/relatives/carers  • Provides the necessary / desired information			
clearly in a	Communicates increasingly complex information			
variety of	<ul> <li>Checks patients' understanding of options and supports patients in</li> </ul>	in		
settings	interpreting information and evidence relevant to their condition			
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	Ensures that patients are able to express concerns and
	preferences, ask questions and make personal choices
	Responds to patients' queries or concerns
	Teaches communication skills to students and colleagues
	Communication in challenging circumstances
	Manages consultation/communication in time limited environments
	e.g. outpatients, emergency departments
	Manages consultation/communication when English is not a
	patient's first language, including the appropriate use of an
	interpreter
	<ul> <li>Manages three-way consultations e.g. with an interpreter, using</li> </ul>
	sign language, or with a child patient and their family/carers
	Complaints
	Acts to prevent/mitigate and minimise distress in situations which
	might lead to complaint or dissatisfaction
	Deals appropriately with angry/distressed/dissatisfied
	patients/carers and seeks assistance as appropriate
	Patient records
	Maintains accurate, legible and contemporaneous patient records
	and ensures that entries are signed and dated in compliance with
	"Standards for the structure and content of patient records Health
	and Social Care Information Centre / Academy of Medical Royal
	Colleges (AoMRC) 2013"
	Interface with other healthcare professionals
	Demonstrates ability to make referrals across boundaries /
	through networks of care (primary, secondary, tertiary)
	Writes accurate, timely, succinct and structured clinic letters and
	clinical summaries
7. Works	Continuity of care
effectively as	Allocates and prioritises tasks during handover.
-	
a team	Anticipates and identifies problems for the next clinical team/shift
member	and takes pre-emptive action where required
	Interaction with colleagues
	Demonstrates initiative e.g. by recognising work pressures on
	others, providing support and organising / allocating work to
	optimise effectiveness within the clinical team
8.	Leadership
Demonstrates	Demonstrates extended leadership role within the team by making
leadership	decisions and taking responsibility for managing increasingly
skills	complex situations across a greater range of clinical and non-
	clinical situations,
	Supervises and supports team members, e.g. supervising F1
	doctors, delegating tasks appropriately, directing patient review,
	organising handover
9 Peccanicos	Recognition of acute illness
9. Recognises,	Responds promptly to notification of deterioration or concern
assesses and	
initiates .	regarding a patient's condition e.g. change in National Early
management	Warning Score (NEWS)
of the acutely	Prioritises tasks according to clinical urgency and reviews patients
ill patient	in a timely manner
	Recognises, manages and reports transfusion reactions, according
	to local and national guidelines
	Assessment of the acutely unwell patient
	<ul> <li>Performs rapid, focused assessment of illness severity including</li> </ul>
	physiological monitoring and also considering mental health
	aspects
	Performs prompt, rapid, focused assessment of the patient who
	presents an acute risk to themselves or to others in the context of
	mental disorder, incapacity or incompetence
	mental disorder, incapacity of incompetence

Reassesses acutely ill patients to monitor efficacy of interventions, including those aimed at managing acute mental illness and maintaining patient safety and the safety of others  Recognises, when a patient should be moved to a higher level of care and seeks appropriate assistance with review and management  Communicates with relatives/friends/carers in acute situations and offers support  Management of long term conditions in the acutely unwell patient  Performs primary review of new referrals within the hospital or outpatient clinic  Cares for patients with long-term diseases during their in-pat ent stay, as outpatients and in the community  Reviews long-term drug regime and, with senior advice, considers modifying dosage, timing and treatment.  Assesses and manages the impact of long term mental disorder on the presentation and course of acute physical illness, and vice versa  The frail patient  Prescribes with an understanding of the impact of increasing age, weight loss and frailty on drug pharmacokinetics and pharmacodynamics  Performs a comprehensive geriatric assessment (CGA) including consideration of dementia  Describes the impact of activities of daily living on long-term conditions (e.g. impact of a notifiable condition on driving) and provides information / discusses these with the patients and darers  Support for patients with long term conditions  Final patient  Performs a comprehensive geriatric assessment (CGA) including consideration of dementia  Describes the impact of activities of daily living on long-term conditions (e.g. impact of a notifiable condition on driving) and provides information / discusses these with the patients and darers  Support for patients with long term conditions  Performs and assessment for specialist rehabilitation, care home placement and respite care  Nurtition  Works with other healthcare professionals to address nutritional needs and communicate these during care planning  Recognises eating disorders, seeks senior input and refers to ocal specialist service  Fo		Immediate management of the acutely unwell patient
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<ul> <li>Performs primary review of new referrals within the hospital or outpatient clinic</li> <li>Reviews initial diagnoses and plans appropriate strategies for further investigation</li> <li>Clinical management</li> <li>Refines problem lists and management plans and develops appropriate strategies for further investigation and management</li> </ul>		
outpatient clinic  Reviews initial diagnoses and plans appropriate strategies for further investigation  Clinical management  Refines problem lists and management plans and develops appropriate strategies for further investigation and management	_	
<ul> <li>Reviews initial diagnoses and plans appropriate strategies for further investigation</li> <li>Clinical management</li> <li>Refines problem lists and management plans and develops appropriate strategies for further investigation and management</li> </ul>	_	
Clinical management     Refines problem lists and management plans and develops appropriate strategies for further investigation and management		Reviews initial diagnoses and plans appropriate strategies for
<ul> <li>Refines problem lists and management plans and develops appropriate strategies for further investigation and management</li> </ul>		
		Refines problem lists and management plans and develops

	Reprioritises problems and refines strategies for investigation and
	management and leads regular review of treatment response to oversee patients' progress
	Discharge planning
	<ul> <li>Anticipates clinical evolution and starts planning discharge and on-</li> </ul>
	going care from the time of admission
	Liaises and communicates with the patient, family and carers and supporting teams to arrange appropriate follow up
	Recognises and records when patients are medically, including
	mentally, fit for discharge
	Discharge summaries
	Prescribes discharge medication in a timely fashion
	<ul> <li>Produces a clear, timely, legible discharge summary that identifies</li> </ul>
	principle diagnoses, including mental health, key
	treatments/interventions, discharge medication and follow-up
12 Dogwoot	arrangements Investigations
12. Request relevant	Minimises wasteful or inappropriate use of resources by helping
investigations	and directing colleagues to order appropriate tests and
and acts upon	investigations
results	Explains to patients the risks, possible outcomes and implications
	of investigation results and obtains informed consent
	Interpretation of investigations
	Increases the range and complexity of investigations which they  can interpret and helps colleagues to interpret appropriate texts.
	can interpret and helps colleagues to interpret appropriate tests and investigations
13. Correct	Correct prescription
Prescription	Prescribes medicines, blood products and fluids correctly,
	accurately and unambiguously in accordance with GMC and other
	guidance using correct documentation to ensure that patients
	receive the correct drug via the correct route at the correct
	frequency and at the correct time
	Demonstrates understanding of responsibilities and restrictions  with respond to prescribing high right modifies a including.
	with regard to prescribing high risk medicines including anticoagulation, insulin, chemotherapy and immunotherapy
	Performs dosage calculations accurately and verifies that the dose
	calculated is of the right order
	Reviews previous prescriptions and transfers/ transcribes
	accurately and appropriately
	Describes the potential hazards related to different routes of drug
	administration (e.g. oral, intramuscular, intravenous, intrathecal)
	<ul> <li>Follows the guidance in Good Medical Practice in relation to self- prescribing and prescribing for friends and family</li> </ul>
	<ul> <li>Within the hospital, prescribes controlled drugs using appropriate</li> </ul>
	legal framework and describes the management and prescribing of
	controlled drugs in the community
	Describes the importance of security issues in respect of
	prescriptions
	Clinically effective prescription
	Prescribes and administers for common important indications including modicines required urgently in the management of
	including medicines required urgently in the management of medical emergencies e.g. sepsis, exacerbation of chronic
	obstructive pulmonary disease, pulmonary oedema, congestive
	cardiac failure, pain, thromboprophylaxis
	<ul> <li>Prescribes safely for different patient groups including frail elderly,</li> </ul>
	children, women of child-bearing potential, pregnant women and
	those with hepato-renal dysfunction

- Prescribes and administers oxygen, fluids and antimicrobials as appropriate e.g. in accordance with NICE guidance on antimicrobial and intravenous fluid therapy
- Chooses appropriate intravenous fluids as vehicles for intravenous drugs and calculates the correct volume and flow rate
- Assesses the need for fluid replacement therapy and chooses and prescribes appropriate intravenous fluids and calculates the correct volume and flow rates
- Prescribes and administers blood products safely in accordance with guidelines/protocols on safe cross matching and the use of blood and blood products

#### Discussion of medication with patients

- Discusses drug treatment and administration with patients/carers, including duration of treatment, unwanted effects and interactions
- Obtains an accurate drug history, including allergy, selfmedication, use of complementary healthcare products and enquiry about allergic and other adverse reactions

#### **Guidance on prescription**

- Prescribes using all available support including local and national formularies, pharmacists and more experienced prescribers to ensure accurate, safe and effective error-free prescribing, whilst recognising that legal responsibility remains with the prescriber
- Prescribes according to relevant national and local guidance on antimicrobial therapy, recognising the link between antimicrobial prescribing and the development of antimicrobial resistance

#### **Review of prescriptions**

- Reviews prescriptions regularly for effectiveness and safety taking account of patient response, adverse reactions and drug level monitoring
- Recognises and initiates action for common adverse effects of drugs and communicates these to patients, including potential effects on work and driving

## 14. Preform procedures safely

Core procedures are mandated by the General Medical Council (GMC) and trainees must be signed off a competent to perform them. Trainees may have the opportunity to perform many other procedures according to their clinical placements. Trainees should only perform procedures independently or teach medical students core procedures when they been sanctioned to do this by their supervisor.

#### **Core Procedures**

 Maintains and improves skills in the core procedures and develops skills in more challenging circumstances e.g. reliably able to perform venous cannulation in the majority of patients including during resuscitation

#### Other procedures

F2

- Teaches other healthcare workers procedures when skilled and sanctioned to do this
- Increases the range of procedures they can perform relevant to specific clinical placements

#### Is trained and manages cardiac and respiratory arrest

- Demonstrates the initiation and performance of advanced life support including cardiopulmonary resuscitation, manual defibrillation and management of life threatening arrhythmias is able to lead the resuscitation team where necessary
- Demonstrates understanding of the ethics of transplantation and identifies potential donors to senior medical staff

#### Do not attempt cardiopulmonary resuscitation orders

	<ul> <li>Discusses DNACPR with the multidisciplinary team, the patient, long-term carers (both medical and non-medical) and relatives and then records the outcome of that discussion</li> </ul>
16. Demonstrates understanding	Explains to patients the possible effects of lifestyle, including the effects of diet, nutrition, inactivity, smoking, alcohol and substance abuse
of the principles of health	<ul> <li>Recognises the impact of wider determinants of health and advises on preventative measures with reference to local and national guidelines including:</li> </ul>
promotion and illness prevention	<ul> <li>Smoking cessation and supportive measures</li> <li>Appropriate alcohol intake levels or drinking cessation</li> <li>Illicit drug use and referral to support services</li> </ul>
prevention	<ul> <li>Biohazards</li> <li>Risks of UV and ionising radiation especially the harmful effects of sunlight</li> </ul>
	<ul><li>Lack of exercise and physical/mental activity</li><li>Weight management</li></ul>
	<ul> <li>Employment</li> <li>Vaccination programmes</li> <li>Cancer screening e.g. breast, cervical, bowel</li> </ul>
	Recommends well man/women clinics  End of Life care
	Participates in discussions regarding personalised care planning including symptom management and advance care plans with patients, family and carers
	Discusses the patients' needs and preferences regarding care in the last days of life, including preferred place of care and death, treatment escalation plans, do not attempt cardiopulmonary resuscitation (DNACPR) decisions,
	Care after death
	<ul> <li>Confirms death by conducting appropriate physical examination, documenting findings in the patient record</li> </ul>
	Behaves professionally and compassionately when confirming and pronouncing death
	<ul> <li>Follows the law and statutory codes of practice governing completion of Medical Certificate of Cause of Death (MCCD) and</li> </ul>
	<ul> <li>cremation certificates.</li> <li>Completes MCCD when trained to do so and notes details reported on the MCCD in the patient record</li> </ul>
1	
	<ul> <li>Demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal.</li> </ul>
	<ul> <li>Demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal.</li> <li>Reports death to coroner/procurator fiscal after discussion with a senior colleague</li> </ul>
	<ul> <li>Demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal.</li> <li>Reports death to coroner/procurator fiscal after discussion with a senior colleague</li> <li>Discusses the benefits of post mortem examination and explains the process to relatives/carers</li> </ul>
	<ul> <li>Demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal.</li> <li>Reports death to coroner/procurator fiscal after discussion with a senior colleague</li> <li>Discusses the benefits of post mortem examination and explains the process to relatives/carers</li> <li>Completes relevant sections of cremation forms when trained to do this</li> </ul>
18.	<ul> <li>Demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal.</li> <li>Reports death to coroner/procurator fiscal after discussion with a senior colleague</li> <li>Discusses the benefits of post mortem examination and explains the process to relatives/carers</li> <li>Completes relevant sections of cremation forms when trained to</li> </ul>
Recognises	<ul> <li>Demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal.</li> <li>Reports death to coroner/procurator fiscal after discussion with a senior colleague</li> <li>Discusses the benefits of post mortem examination and explains the process to relatives/carers</li> <li>Completes relevant sections of cremation forms when trained to do this</li> <li>Personal competence</li> </ul>
Recognises and works	<ul> <li>Demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal.</li> <li>Reports death to coroner/procurator fiscal after discussion with a senior colleague</li> <li>Discusses the benefits of post mortem examination and explains the process to relatives/carers</li> <li>Completes relevant sections of cremation forms when trained to do this</li> <li>Personal competence</li> <li>Recognises and works within limits of competency</li> </ul>
Recognises and works within limits	<ul> <li>Demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal.</li> <li>Reports death to coroner/procurator fiscal after discussion with a senior colleague</li> <li>Discusses the benefits of post mortem examination and explains the process to relatives/carers</li> <li>Completes relevant sections of cremation forms when trained to do this</li> <li>Personal competence</li> <li>Recognises and works within limits of competency</li> <li>Calls for senior help and advice in a timely manner and</li> </ul>
Recognises and works within limits of personal	<ul> <li>Demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal.</li> <li>Reports death to coroner/procurator fiscal after discussion with a senior colleague</li> <li>Discusses the benefits of post mortem examination and explains the process to relatives/carers</li> <li>Completes relevant sections of cremation forms when trained to do this</li> <li>Personal competence</li> <li>Recognises and works within limits of competency</li> <li>Calls for senior help and advice in a timely manner and communicates concerns/expected response clearly.</li> </ul>
Recognises and works within limits	<ul> <li>Demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal.</li> <li>Reports death to coroner/procurator fiscal after discussion with a senior colleague</li> <li>Discusses the benefits of post mortem examination and explains the process to relatives/carers</li> <li>Completes relevant sections of cremation forms when trained to do this</li> <li>Personal competence</li> <li>Recognises and works within limits of competency</li> <li>Calls for senior help and advice in a timely manner and communicates concerns/expected response clearly.</li> <li>Uses clinical guidelines and protocols, care pathways and bundles</li> </ul>
Recognises and works within limits of personal	<ul> <li>Demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal.</li> <li>Reports death to coroner/procurator fiscal after discussion with a senior colleague</li> <li>Discusses the benefits of post mortem examination and explains the process to relatives/carers</li> <li>Completes relevant sections of cremation forms when trained to do this</li> <li>Personal competence</li> <li>Recognises and works within limits of competency</li> <li>Calls for senior help and advice in a timely manner and communicates concerns/expected response clearly.</li> <li>Uses clinical guidelines and protocols, care pathways and bundles</li> <li>Takes part in activities to maintain and develop competence e.g. seeking opportunities to do SLES and attending simulation training</li> </ul>
Recognises and works within limits of personal	<ul> <li>Demonstrates understanding of circumstances requiring reporting death to coroner/procurator fiscal.</li> <li>Reports death to coroner/procurator fiscal after discussion with a senior colleague</li> <li>Discusses the benefits of post mortem examination and explains the process to relatives/carers</li> <li>Completes relevant sections of cremation forms when trained to do this</li> <li>Personal competence</li> <li>Recognises and works within limits of competency</li> <li>Calls for senior help and advice in a timely manner and communicates concerns/expected response clearly.</li> <li>Uses clinical guidelines and protocols, care pathways and bundles</li> <li>Takes part in activities to maintain and develop competence e.g.</li> </ul>

# 19. Making patient safety a priority in clinical practice

- Describes the mechanisms to report:
  - o Device related adverse events
  - Adverse drug reactions
- To appropriate national centre and completes reports as required
- Participates in/undertakes a project related to a patient safety issue (e.g. Quality Improvement), with recommendations for improving the reliability of care and, with senior support, takes steps to institute these
- Discusses risk reduction strategies and principles of significant event analysis and contributes to the discussion/ analysis of adverse events, including potential to identify and prevent systematic error

#### Causes of impaired performance, error or suboptimal patient care

- Describes the role of human factors in medical errors and takes steps to minimise these
- Describes ways of identifying poor performance in colleagues and how to support them

#### **Patient identification**

- Ensures patient safety by positive identification of the patient:
  - At each encounter
  - o In case notes
  - When prescribing/administering drugs
  - On collecting specimens and when requesting and reviewing investigations
  - Before consent for surgery/procedures
- Uses appropriate 2 or 3 point checks (e.g.name, date of birth, hospital number, address) in accordance with local protocols and national guidance
- Crosschecks identification immediately before procedures/administration of blood products/IV drugs

### Usage of medical devices and information technology (IT) (n.b. this excludes implantable devices)

- Demonstrates ability to operate common medical devices and interpret non-invasive monitoring correctly and safely after appropriate training
- Accesses and uses IT systems including local computing systems appropriately
- Demonstrates good information governance in use of electronic records

#### **Infection control**

- Demonstrates consistently high standard of practice in infection control techniques in patient contact and treatment including hand hygiene and use of personal protective equipment (PPE)
- Demonstrates safe aseptic technique and correctly disposes of sharps and clinical waste
- Demonstrates adherence to local guidelines/protocols for antibiotic prescribing
- Requests screening for any disorder which could put other patients or staff at risk by cross contamination, e.g. Clostridium.Difficile
- Takes an active role in outbreak management within healthcare settings (e.g. diarrhoea on a ward) and complies with procedures instituted by the infection control team
- Informs the competent authority of notifiable diseases
- Challenges and corrects poor practice in others who are not observing best practice in infection control
- Recognises the need for immunisations and ensures own are up to date in accordance with local/national policy

	<ul> <li>Takes appropriate microbiological specimens in a timely fashion with safe technique</li> </ul>
	Recognises the risks to patients from transmission of blood-borne infection
20.	Quality Improvement
Contributes to quality	Contributes significantly to at least one quality improvement project including:
improvement	o Data collection
	<ul> <li>Analysis and/or presentation of findings</li> </ul>
	<ul> <li>Implementation of recommendations</li> </ul>
	Makes quality improvement link to learning/professional
	development in e-portfolio
	Healthcare resource management
	Demonstrates understanding of the organisational structure of the NHS and independent sector and their role in the wider health and
	social care landscape
	<ul> <li>Describes hospital and departmental management structure</li> <li>Describes the processes of commissioning and funding, and that all healthcare professionals have a responsibility for stewardship of healthcare resources</li> </ul>
	<ul> <li>Describes accountability of the NHS in its context as a publicly funded body, and the need to ensure the most effective and sustainable use of finite resources</li> </ul>
	Recognises the resource implications of personal actions and minimises unnecessary/wasteful use of resources e.g. repeat investigations, delayed discharge
	<ul> <li>Describes cost implications of common treatments in terms of money, equipment and human resources (e.g. generic prescribing, intravenous v oral antibiotics).</li> </ul>
	Information Management
	<ul> <li>Seeks, finds, appraises and acts on information related to medical practice including primary research evidence, reviews, guidelines and care bundles</li> </ul>
	<ul> <li>Critically reviews research and, where appropriate, presents finding (e.g. journal club).</li> </ul>

**Mandatory training** (\* Mandatory training will not use any of the study leave allocated)

It is the trainees responsibility to maintain their mandatory requirements)

Equality and Diversity	Falls Prevention and Management	Health and Safety			
Fire Safety	Infection Prevention and Control	Manual Handling - Clinical			
Safeguarding Adults (Level 1)	Safeguarding Children (Level 1)	Information Governance			
Medicine Coding	EPMA	Personal Safety			
EIS / ILS / ALS					
Local Trust Induction					

Day 2 Local Induction

Other: N/A

Day 1 - RiO Training

Personalised Work Schedule
Description of post / Summary of Post
Responsibilities of trainee in post
Inpatients:
Outpatients:
Physical Health:
Opportunities for WPBA
Psychotherapy Training CTs
ECT Experiences CTs

Training Opportunities:

When starting a new placement you will have a meeting clinical supervisor. At this meeting you will:

- Review the curriculum outcomes listed in your e-portfolio
- Map these to the training opportunities available within the post.
- How to achieve your required curriculum outcomes should be discussed with your supervisor, linked to your PDP and form part of your regular supervisor review during the placement.
- Should you wish, you can document any specific training requirements discussed in the table below.
- Fixed clinical and teaching sessions to allow you to meet your training needs should be detailed in the timetable.

A copy of this personalised work schedule and Local Orientation Checklist should be scanned and returned to

<u>BSMHFT-Contracts@nhs.net</u> and a copy sent to your Educational Supervisor/College Tutor within 14 days of commencing within our trust.

Key curriculum outcomes during this	How they will be achieved	Achieved
placement	Tiow they will be deflicted	(Select option below)
		choose
Learning opportunities: There are mandatory and optional learning of the Trust wide programme and others are depart	rtment specific. Review what is avail	
There are mandatory and optional learning of Trust wide programme and others are depart supervisor to help you meet your learning no	rtment specific. Review what is availeds.	
There are mandatory and optional learning Trust wide programme and others are depart	rtment specific. Review what is avail	
There are mandatory and optional learning of Trust wide programme and others are depart supervisor to help you meet your learning no	rtment specific. Review what is availeds.	
There are mandatory and optional learning of Trust wide programme and others are departured supervisor to help you meet your learning not clinical Supervision  Trust wide learning opportunities	rtment specific. Review what is availeds.	
There are mandatory and optional learning of Trust wide programme and others are departured to help you meet your learning not clinical Supervision  Trust wide learning opportunities  Trust wide teaching	rtment specific. Review what is availeds.	
There are mandatory and optional learning of Trust wide programme and others are departured supervisor to help you meet your learning not clinical Supervision  Trust wide learning opportunities	rtment specific. Review what is availeds.	
There are mandatory and optional learning of Trust wide programme and others are departured to help you meet your learning not clinical Supervision  Trust wide learning opportunities  Trust wide teaching  Mandatory Training programme	rtment specific. Review what is availeds.	
There are mandatory and optional learning of Trust wide programme and others are departured by the supervisor to help you meet your learning not clinical Supervision  Trust wide learning opportunities  Trust wide teaching  Mandatory Training programme  Any other relevant teaching  Course Specific Teaching  MRCPSYCH Teaching/GPVTS/ FY	rtment specific. Review what is availeds.	
There are mandatory and optional learning of Trust wide programme and others are departured by the supervisor to help you meet your learning not clinical Supervision  Trust wide learning opportunities  Trust wide teaching  Mandatory Training programme  Any other relevant teaching  Course Specific Teaching	rtment specific. Review what is availeds.	
There are mandatory and optional learning of Trust wide programme and others are departured to help you meet your learning not clinical Supervision  Trust wide learning opportunities  Trust wide teaching  Mandatory Training programme  Any other relevant teaching  Course Specific Teaching  MRCPSYCH Teaching/GPVTS/ FY teaching/ST	rtment specific. Review what is availeds.	
There are mandatory and optional learning of Trust wide programme and others are departured by the supervisor to help you meet your learning not clinical Supervision  Trust wide learning opportunities  Trust wide teaching  Mandatory Training programme  Any other relevant teaching  Course Specific Teaching  MRCPSYCH Teaching/GPVTS/ FY teaching/ST  Balint Group  Simulation sessions	rtment specific. Review what is availeds.	
There are mandatory and optional learning of Trust wide programme and others are departured to help you meet your learning not clinical Supervision  Trust wide learning opportunities  Trust wide teaching  Mandatory Training programme  Any other relevant teaching  Course Specific Teaching  MRCPSYCH Teaching/GPVTS/ FY teaching/ST  Balint Group  Simulation sessions (where applicable for new starters )	rtment specific. Review what is availeds.	
There are mandatory and optional learning of Trust wide programme and others are departured to help you meet your learning not clinical Supervision  Trust wide learning opportunities  Trust wide teaching  Mandatory Training programme  Any other relevant teaching  Course Specific Teaching  MRCPSYCH Teaching/GPVTS/ FY teaching/ST  Balint Group  Simulation sessions (where applicable for new starters )  Departmental Education Meetings  PGME Academic programme / Specialty	rtment specific. Review what is availeds.	
There are mandatory and optional learning of Trust wide programme and others are departured by the supervisor to help you meet your learning not clinical Supervision  Trust wide learning opportunities  Trust wide teaching  Mandatory Training programme  Any other relevant teaching  Course Specific Teaching  MRCPSYCH Teaching/GPVTS/ FY teaching/ST  Balint Group  Simulation sessions (where applicable for new starters )  Departmental Education Meetings  PGME Academic programme / Specialty teaching sessions	rtment specific. Review what is availeds.	
There are mandatory and optional learning of Trust wide programme and others are departured by the supervisor to help you meet your learning not clinical Supervision  Trust wide learning opportunities  Trust wide teaching  Mandatory Training programme  Any other relevant teaching  Course Specific Teaching  MRCPSYCH Teaching/GPVTS/ FY teaching/ST  Balint Group  Simulation sessions (where applicable for new starters )  Departmental Education Meetings  PGME Academic programme / Specialty teaching sessions  Other Learning opportunities	rtment specific. Review what is availeds.	

	gement expernance meet		ce, including C	Clinical					
Leade	rship experi	ience	e, evidence of						
	tmental mee		bility e.g. rota,						
Obser	ving/ Partici	patio	n in Manager						
First T	ier Mental F	<u> lealtr</u>	n Tribunals & 0	Court					
-		-	with CS supe						
safety			gs to address pagement and c						
Reflec	ctive practice	e ses	sions						
Taste	r sessions								
Resea	arch & Prese	entatio	ons						
Team Group		Placer	ment Supervis	sion					
Exam	preparation	reso	urces						
					I				
Other:	(Insert any	othe	r items relevar	nt to the plac	cement	)			
Indica	ative timeta	ble:							
	Monday		Tuesday	Wednes	day	Thursday	Frida	ay	Saturday/ Sunday
AM									
09:00									As per on call
to									Call
13:00									
PM									As par an
13:00 to									As per on call
17:00									
		I							
Traine	e Name:			Signature	e:			Date:	
Super Name				Signature	e:			Date:	

ORIENTATION CHECKLIST FOR NEW TRAINEE DOCTORS
Trainee:
Supervisor:
Work Base:
Date of start of placement:

This checklist aims to standardise local departmental orientation arrangements and assist all supervisors to cover the essentials needed to induct a new member of staff safely and quickly. It is part of the GMC guidance for trusts employing trainees that an induction is in place for them.

This checklist should be completed by the clinical supervisor within the first 2 weeks of the placement along with the Personalised Work Schedule.

A copy MUST be forwarded to the <u>bsmhft.pgme-contracts@nhs.net</u> as evidence that the trainee has received a full induction.

Introduction to the work base including:	
Parking arrangements	
Storage areas for personal belongings	
Office space	choose
Smoking areas	
Catering and toilet facilities	
Fire procedures, fire exits and fire alarms	
Ensure that they have the requisite ID, passes and alarms	choose
Trainee has IT access (Rio, EPMA, YCC)	choose
Trainee have collected any Trust mobile phones	choose
Trainee has Trust Laptop/Remote access Facilities ( Desktop taken at	choose
home/Remote desktop licence)	CHOOSE
Introduction to members of the multidisciplinary team	choose
Confirm supervision arrangements	choose
Review the trainees personalised work schedule and confirm the timetable	choose
Ensure that the trainee and Clinical supervisor who is educational supervisor	choose
Ensure that they are aware of how to contact senior colleagues for support and	choose
support from PGME & HR. Consider a list of important phone numbers	CHOOSE
Ensure how to raise concern	choose
Ensure that trainee has Log-in and password of Allocate for Exception reporting	choose
Outline local procedures for requesting annual leave and study leave (cross cover	
arrangement if any)	choose
Show the trainee the trust intranet site and how to access guidelines, policies and	choose
procedures. Highlight any policies particularly relevant to the placement	choose
Ensure that they are familiar with the location and contents of the medical	choose
emergency bag	35556
Ensure trainee is aware of PAM (occupational health service) and how to access it	choose

Inform the trainee of the library facilities available in the trust	choose
Ensure that the trainee is familiar with the Eclipse reporting system	choose
Any issues specific for the site or job role: (please specify below)	
Lone working checklist Has the trainee been provided a personal alarm and shown how to use it?	choose
Is the trainee aware of the local lone working policy and whom to contact in case of emergencies whilst conducting lone working?	choose
Has the trainee watched the "BSMHFT lone working awareness" video?	choose

Trainee signature: Date:

Supervisor signature: Date:

Please return this checklist with a copy of the personalised work schedule to the automated inbox

bsmhft.pgme-contracts@nhs.net

Flow Chart – Personalised Work Schedule



Receives Generic Work Schedule (8 weeks prior to starting in BSMHFT)

#### **Trainee and Clinical Supervisor**

Meet within 14 days after the commencement date to create / agreed a Personalised Work Schedule and complete the Local Orientation Check list.

#### **Trainee**

#### **ACTIONS**;

- To return a completed copy of the work schedule and orientation checklist to <a href="mailto:Bsmhft.pgme-contracts@nhs.net">Bsmhft.pgme-contracts@nhs.net</a>
- To send a completed copy to their Educational Supervisor/College Tutor

  This must be actioned within the 14 day deadline.

#### **Trainee**

To return a completed copy of the work schedule to: Bsmhft.pgme-contracts@nhs.net

#### **Trainee and/or Clinical Supervisor**

If Trainer/ Trainee have concerns about the personalised work schedule, the work schedule is to be discussed with the Educational supervisor